

April 8—April 12

Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Sizzle and Main-Served with Choice of Fruit or Soup and a Fountain Beverage

*Grilled Pizza Sandwich
French Fries
Caesar Salad
Green Bean*

*Chicken Parmesan
Pasta with Sauce
Buttered Peas
Garlic Bread Stick*

*Lemon Pepper Chicken Legs
Mashed Potato
Glazed Carrots
Baked Potato Bar*

*Chicken and Chili Flautas
Refried Beans
Spanish Rice
Chopped Salad*

*Herb Crusted White Fish
Roasted Zucchini
Breaded okra
Cornbread*

The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

*Chicken Stir Fry Rice
Steamed Broccoli*

*Taco Pasta
Garden Vegetables*

*Shrimp Alfredo over pasta
Garlic Green Beans*

*Spaghetti with Meat Sauce
Garden Vegetables*

*Orange Glazed Chicken
Steamed Rice*

SproutBerry's Deli-Sandwich Meals Served with Chips or Fries and Fountain Beverage

*Turkey and cheese croissant
Ham and cheddar sandwich
Egg Salad sandwich*

*Turkey and Cheese Croissant
Crispy Chicken Wrap
Texas Roast Beef Wrap*

*Turkey and Cheese Croissant
Chicken Salad Sandwich
Turkey Club Wrap*

*Turkey and Cheese Croissant
Tuna Salad Sandwich
Buffalo Chicken Wrap*

*Turkey and Cheese Croissant
Ham and Swiss Sandwich
Chicken Pesto Wrap*

Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials

Simmer's Soup Stop

Tomato Bisque

Homemade Chili

Italian Wedding

Loaded Potato

Chicken Noodle

Gordon's Grill –Served with Fries or Chips and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, , French Fries and Daily Specials

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies



*ChefAdvantage is committed to serving
Nutritious and Delicious Meals!*
Locally sourced ingredients whenever possible
No High Fructose Corn Syrup, Trans Fats, or MSG



April 15– April 19

Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Sizzle and Main-Served with Choice of Fruit or Soup and a Fountain Beverage

*Smothered Hamburger Steak
Smashed Potatoes
Glazed Baby Carrots
Fresh Baked Roll*

*Rotisserie Style Chicken Legs
Roasted Potato and Gravy
Squash and Zucchini
Fresh Baked Roll*

*Grilled All Beef Hot Dogs
Macaroni and Cheese
Hot Dog Chili
Baked Potato Bar*

*Spaghetti with Meat Sauce
Caesar Salad
Garlic Breadstick*

Good Friday

The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

*Chicken Teriyaki with Vegetables
Steamed Rice*

*Pasta and Meatballs
Garden Vegetable*

*Penne Chicken Alfredo
Vegetable Medley*

*Pepper Steak
Steamed Rice*

*Chicken and Sausage Jambalaya
White Rice*

SproutBerry's Deli-Sandwich Meals Served with Chips or Fries and Fountain Beverage

*Ham and Cheddar Sandwich
Turkey and Cheese Croissant
Egg Salad Sandwich*

*Turkey and Cheese Croissant
Texas Roast Beef Wrap
Crispy Chicken Wrap*

*Chicken Salad Croissant
Turkey and Cheese Croissant
Turkey Club Wrap*

*Turkey and Cheese Croissant
Buffalo Chicken Wrap
Tuna Salad Sandwich*

*Ham and Swiss Sandwich
Turkey and Cheese Croissant
Chicken Pesto Wrap*

Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials

Simmer's Soup Stop

Cream of Tomato

Chicken Noodle

Loaded Potato

Minestrone

Broccoli Cheddar

Gordon's Grill –Served with Fries or Chips and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, , French Fries and Daily Specials

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies



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April 22– April 26

Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Sizzle and Main-Served with Choice of Fruit or Soup and a Fountain Beverage

*Beef Soft Tacos
Spanish Rice
Refried Beans
Buttered Corn*

*Meatloaf with Gravy
Au Gratin Potato
Southern Green Beans
Dinner roll*

*Curried Chicken
Jasmine Rice
Flat Bread
Broccoli*

*Chicken Nuggets
Macaroni and Cheese
Corn Cobbett
Dinner Roll*

*Blackened Tilapia
Sugar Snap Peas
Steamed Rice
Dinner Roll*

The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

*Italian Sausage / Pepper Pasta
Baked Cauliflower*

*Chicken and Broccoli Stir Fry
Steamed Rice*

*Pasta Primavera
Market Salad*

*Shrimp/ Tomato Pesto Pasta
Fresh Vegetable Medley*

*Chicken and Bowtie Pasta
Mixed Vegetable*

SproutBerry's Deli-Sandwich Meals Served with Chips or Fries and Fountain Beverage

*Ham and Cheddar Sandwich
Turkey and Cheese Croissant
Egg Salad Sandwich*

*Turkey and Cheese Croissant
Texas Roast Beef Wrap
Crispy Chicken Wrap*

*Chicken Salad Croissant
Turkey and Cheese Croissant
Turkey Club Wrap*

*Turkey and Cheese Croissant
Buffalo Chicken Wrap
Tuna Salad Sandwich*

*Turkey and Cheese Croissant
Ham and Swiss Sandwich
Chicken Pesto Wrap*

Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials

Simmer's Soup Stop

Chicken Vegetable

Tomato Basil

Potato Corn Chowder

Chicken and Dumplings

Loaded Potato Soup

Gordon's Grill –Served with Fries or Chips and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, , French Fries and Daily Specials

Ala Carte Offerings-Available Everyday

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April 29—May 3

Columbia Academy Cafe

Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Sizzle and Main-Served with Choice of Fruit or Soup and a Fountain Beverage

*Cheese Stuffed Shells
Marinara Sauce
Garlic Bread Sticks
Market Salad*

*BBQ Pork Sandwich
Roasted Potato
Baked Beans
Roasted Vegetable Medley*

*Nacho Bar
Seasoned Beef
Refried Beans
Corn Piquant*

*Swiss Steak with Tomato Gravy
Roasted Brussel Sprout
Mashed Sweet Potato
Dinner Roll*

*Monterey Chicken
Rice Pilaf
Glazed Carrot
Dinner Roll*

The Balanced Bite-Served with Choice of Fruit or Cup of Soup and a Fountain Beverage

*Cheesy Chicken
Spanish Rice*

*Penne with Meat Sauce
Sautéed Green Beans*

*Chicken Noodle Casserole
Roasted Vegetable*

*Chicken Teriyaki
Steamed Rice*

*American Chop Suey
Garden Vegetable*

SproutBerry's Deli-Sandwich Meals Served with Chips or Fries and Fountain Beverage

*Turkey and Cheese Croissant
Ham and Cheddar Sandwich
Egg Salad Sandwich*

*Turkey and Cheese Croissant
Texas Roast Beef Wrap
Crispy Chicken Wrap*

*Chicken Salad Croissant
Turkey and Cheese Croissant
Turkey Club Wrap*

*Turkey and Cheese Croissant
Buffalo Chicken Wrap
Tuna Salad Sandwich*

*Ham and Swiss Sandwich
Turkey and Cheese Croissant
Chicken Pesto Wrap*

Rosemary Wilds-Served with a Choice of Fruit or Cup of Soup and Fountain Beverage

Fresh Baked Cheese and Pepperoni Pizza with Daily Specials

Simmer's Soup Stop

Corn Chowder

Loaded Potato

Chicken Noodle

Tomato Florentine

Spit Pea and Ham

Gordon's Grill –Served with Fries or Chips and a Fountain Beverage

Fresh Grilled Hamburgers, Chicken Sandwiches, , French Fries and Daily Specials

Ala Carte Offerings-Available Everyday

Whole Fresh Fruit, Fresh Cut Fruit Cups, Yogurt Cups, Bottled Beverages, Fountain Beverages, Half Pints of Milk, Bottled Water, Assorted Chips, Ice Cream Novelties, Fresh Baked Cookies



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